#### STATE PREVENTION SYSTEM

#### Structure and Organization

In Nebraska, the Division of Alcoholism, Drug Abuse and Addiction Services (DADAAS) is administratively placed within the Mental Health and Substance Abuse section of the Division of Health and Well Being. This Division falls within the Individual and Community Services Section of the Department of Health and Human Services (HHS) of the Nebraska Health and Human Services System. DADAAS is the lead State agency combating alcohol and other drug (AOD) abuse. The Division of Health Promotion and Education has responsibility for tobacco prevention activities, and it is located under the Preventive Health and Public Wellness section of HHS. A Coordinator heads the State Prevention Office within DADAAS, and each of the six Regional Prevention Coordinating Centers is headed by a regional administrator. Nebraska is divided into six sub-state regions, each consisting of several counties; each of the six regions contains a Regional Prevention Coordinating Center. Regional governing boards, composed of elected officials, provide county-level leadership to plan, provide, and monitor alcohol, tobacco, and other drug (ATOD) prevention and treatment services.

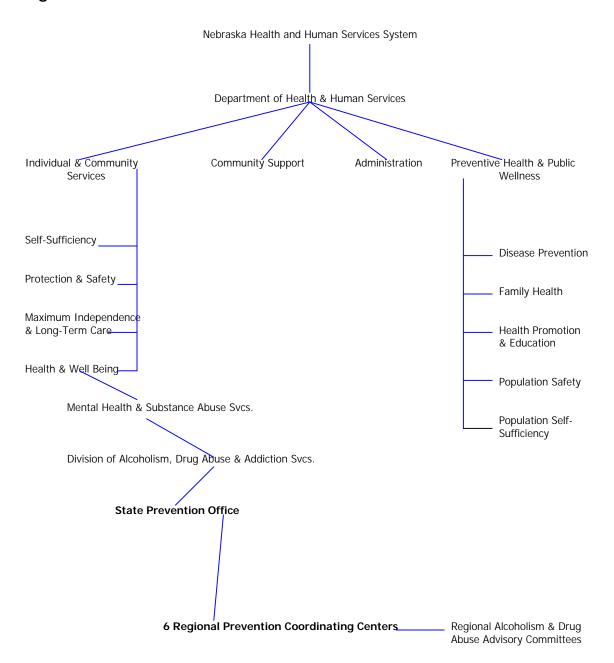
Regional administrators contract with local providers for the delivery of prevention services. Each Regional Prevention Coordinating Center enjoys considerable autonomy with regard to the strategies and methods utilized to deliver prevention services. The Regional Prevention Centers help direct interested persons to the best alcohol and other drug prevention services and providers in their area. The centers are able to provide technical assistance, to schools and communities in the selection and design of school curriculum, formation of drug-free youth groups, organizing community groups in addressing alcohol and other drug problems within a community, training parents in effective prevention, and providing public education materials on alcohol and other drugs.

The Nebraska Council to Prevent Alcohol and Drug Abuse provides statewide trainings and technical assistance to the regional prevention centers. Programs are funded within the six CSAP strategies of information dissemination, education, problem identification and referral, alternatives, environmental, and community-based processes.

Nebraska's regions vary with respect to the emphasis each places on the type of prevention services it delivers; all such efforts involve community mobilization around substance abuse issues. The regional administrators are responsible for the monitoring of ATOD prevention programs.

Regional Alcoholism and Drug Abuse Advisory Committees (RAACs), authorized by Nebraska law, help set funding priorities and guide the delivery of prevention services in the six regions funded through State contracts. RAACs include representation from consumers, providers, and other interested citizens.

### **Organizational Chart**



#### **FUNDING AND RESOURCES**

| Year<br>(FFY) | State<br>Funding | SAPT<br>Funding | 20% Set-<br>aside |
|---------------|------------------|-----------------|-------------------|
| 1993          | \$771,014        | \$4,779,695     | \$1,223,819       |
| 1994          | 772,390          | 5,353,672       | 1,070,735         |
| 1995          | 767,864          | 5,281,685       | 1,056,337         |

#### **Allocation of Funds**

| CSAP           | FFY       | FFY       | FFY       |
|----------------|-----------|-----------|-----------|
| Strategy       | 1993      | 1994      | 1995      |
| Information    | \$285,149 | \$294,452 | \$231,702 |
| Dissemination  |           |           |           |
| Education      | 445,470   | 186,308   | 332,731   |
| Alternatives   | 126,053   | 150,974   | 122,511   |
| Problem        | 166,363   | 91,012    | 147,939   |
| Identification |           |           |           |
| and Referral   |           |           |           |
| Environmental  | 90,641    | 106,003   | 100,009   |
| Community-     | 110,143   | 241,986   | 121,445   |
| based Process  |           |           |           |
| Other          | 0         | 0         | 0         |

| Resource<br>Spending*                                 | FFY<br>1993 | FFY<br>1994 | FFY<br>1995 |
|---|-------------|-------------|-------------|
| Planning,<br>Coordination,<br>and Needs<br>Assessment | \$45,078    | \$42,805    | \$0         |
| Quality<br>Assurance                                  | 0           | 0           | 0           |
| Training (post-<br>employment)                        | 0           | 0           | 34,897      |
| Education<br>(pre-<br>employment)                     | 0           | 0           | 0           |
| Program<br>Development                                | 0           | 0           | 0           |
| Research and Evaluation                               | 0           | 0           | 0           |
| Information<br>Systems                                | 0           | 0           | 0           |

<sup>\*</sup> These expenditures fell outside the set-aside.

## Substate entities receiving set-aside funds for prevention service delivery

- ➤ 1 statewide prevention resource center
- ➤ 6 regional prevention centers
- > 14 local prevention providers

#### Average amount of grant/contract:

> FFY 1993 - \$47,070

> FFY 1994 - \$50,987

> FFY 1995 - \$50,302

## Per-capita 20% set-aside spending (population):

FFY 1993 - \$0.59

> FFY 1994 - \$0.66

> FFY 1995 - \$0.65

# Staff/Volunteers designated and supported by set-aside funding and level:

> FFY 1993 -

State: N/A\*Regional: N/ALocal: N/A

> FFY 1994 -

State: N/ARegional: N/ALocal: N/A

FFY 1995 -

State: N/ARegional: N/ALocal: N/A

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<sup>\*</sup>Not available. In FFY 1993-95, the State did not track this information, and therefore is unable to provide these data.

#### **PROGRAMS AND SERVICES**

#### **Definition of Prevention:**

In 1994, the State released the Nebraska Substance Abuse Vision 2000, which defines prevention as a proactive process of planning and service delivery whose ultimate goal is healthy lifestyles for individuals and communities freeing them of alcohol, tobacco, and other drug problems, including addiction problems. Substance abuse prevention activities have as their desired outcomes:

- Abstinence from illegal drug use.
- Abstinence from harmful use of prescription and/or over-the-counter medications.
- Abstinence from alcohol and tobacco use by those individuals under the legal age.
- ➤ Low-risk alcohol use by the adult community.

#### Does the State have prevention plan?

Yes, a State plan encompassing the years 1985-89. It was replaced in October 1994, by a new plan, *Vision 2000*.

## Target populations for prevention services:

- > Low-income youth
- School drop-outs
- > Children of substance abusers
- Residents of violent communities
- Pregnant teens

#### Women of childbearing age

Arrestees

#### **Total Number served:**

- ➤ FFY 1993 N/A\*
- > FFY 1994 N/A
- > FFY 1995 350,000

#### **Programs funded:**

| Туре                                | Number of Programs/Number Served |                         |                         | Programs   |
|-------------------------------------|----------------------------------|-------------------------|-------------------------|--|
|                                     | FFY 1993                         | FFY 1994                | FFY 1995                |  |
|                                     | 21 programs<br>total***          | 21 programs<br>total*** | 21 programs<br>total*** |  |
| Information dissemination           | N/A***                           | 12 <b>♦/</b> N/A        | N/A                     | Clearinghouse; RADAR<br>Network Center; public<br>service announcements;<br>newsletters; newspaper<br>articles                         |
| Education                           | N/A                              | N/A                     | N/A                     | Parenting/family parenting<br>courses; programs for women<br>of childbearing age;<br>prevention curricula in local<br>school districts |
| Alternatives                        | 100/3,000*                       | 100/4,000*              | N/A                     | NE Network of Drug-Free<br>Youth; Youth Leadership<br>Development Programs   |
| Problem identification and referral | N/A                              | N/A/4,000               | N/A                     | Student Assistance Programs;<br>Minor in Possession Diversion<br>Classes; employee assistance<br>services                              |

<sup>\*</sup>Data not available.

#### STATE PREVENTION INVENTORY - NEBRASKA PROFILE

| Туре            | Number of Programs/Number Served |                    |          | Programs   |
|-----------------|----------------------------------|--------------------|----------|--|
|                 | FFY 1993                         | FFY 1994           | FFY 1995 |  |
| Community-based | N/A                              | N/A <b>/</b> 500** | N/A      | Regional prevention centers  |
| Environmental   | N/A                              | N/A                | N/A      | Tobacco Coalition; local initiatives to tighten ordinances governing alcohol/tobacco sales to minors |

<sup>\*</sup>Approximate number of groups comprising the Nebraska Network of Drug-Free Youth, and approximate membership.

#### DATA COLLECTION ACTIVITIES

## Results currently available on prevention programs funded by the 20% set-aside (including needs assessment and data collection):

Due to confusion and a high degree of disparity in reporting by local service providers, DADAAS agreed to revise its prevention data-tracking system. DADAAS has implemented a written reporting format, to be used by the State's community-based prevention providers. This written form tracks the risk group served, age, strategy provided, and number of direct-service hours.

The State's Department of Health and Human Services (HHS) is participating in the Minimum Data Set (MDS) for prevention sponsored by the Center for Substance Abuse Prevention (CSAP). Plans call for full implementation of MDS software in FFY 1999.

Prevention needs assessments are performed by the six Regional Prevention Coordinating Centers across the State, under the direction of DADAAS. In the mid-1990s, as part of the State's new *Vision 2000* prevention and treatment plan, DADAAS – through sub-contracts with the University of Nebraska and Lincoln Medical Education Foundation – conducted five region-by-region studies designed to provide both a general overview of statewide treatment and prevention needs, as well as specific information on the treatment/prevention needs of certain sub-populations. The five studies in this project included:

- > An adult household survey
- > A teen pregnancy study
- An adolescent drop-out study
- An arrestee study
- ➤ A cocaine/heroin estimation study

These five studies were funded in part by the State Treatment Needs Assessment Grant.

Several ongoing statewide data sources also exist, and include the Nebraska Youth Risk Behavior Survey, Nebraska Behavioral Risk Factor Survey, Health and Human Services Vital Statistics, office of Highway Safety Crash Information, the Nebraska Pregnancy Surveillance System, and others.

<sup>\*\*</sup>A combination of community teams and school teams were served.

<sup>\*\*\*</sup>In FFY 1993-1995, Federal Block Grant funds were used to support 21 prevention programs statewide, encompassing all six strategy areas. The Block Grant supported a statewide prevention resource center, regional prevention centers, and 14 local prevention providers, according to Nebraska's FFY 1997 Federal SAPT Block Grant application.

<sup>♦</sup> Number of radio and television public service announcements.

#### SUPPORT SERVICES

#### Training and Technical Assistance:

The Nebraska Council to Prevent Alcohol and Drug Abuse is contracted to develop and provide substance abuse prevention training services. The Council provides technical assistance services to the Regional Prevention Coordinating Centers throughout the State. A four-day Prevention Generalist Training is conducted twice a year, and a prevention track is included during the Statewide Substance Abuse conference.

#### **Certification Activities:**

The Nebraska prevention Providers Association maintains the Nebraska Prevention Generalists Registry, whose purpose is to:

- > Define appropriate roles and tasks of prevention generalists who practice in the State
- > Provide a standard for prevention providers to achieve
- > Obtain professional recognition
- Assist the public in recognizing qualified prevention providers who follow an ethical code.